

### **Goaltenders Helmet and Throat Protectors**

The following is a clarification regarding goaltenders and throat protectors.

"Ottawa District Minor Hockey Association-Rules and Regulations Revised 2008-09, Rule 13.0 Helmet Regulations. 13.0(b) Goaltenders are required to wear commercially available neck protectors and throat protectors (commonly referred as "cow catchers") at all levels in the ODMHA, unless the goaltenders helmet is supplied with a type 3 facial protector distinguishable by a blue sticker bearing the CSA certification mark."

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